

# e'Pap for the Workforce



Poor food choices in the workforce doesn't only affect occupational health and safety, but also your company's profitability. The cost of unbalanced nutrition is linked to \$850 billion a year in lost productivity in developing countries, especially in the agriculture, mining, and construction sectors.

**Don't know where to start to address employee nutrient profile?**

**e'Pap is an easy nutrient-dense solution for the first meal of the day!**

**Use e'Pap to break the cycle:**



Poor diet  
among employees



Fatigue, brain fog  
and compromised  
immunity



Absenteeism  
and presenteeism



Lowered  
productivity



Lowered  
profitability

# Benefits e'Pap can have on your workforce:

## Vitamins:

Vitamin A, Vitamin B2 and Zinc support vision for employees to have a sustained sharp eye on their work.

## Energy:

For the energy to match your company's goals, Thiamine, Riboflavin, Niacin, Vitamins B6, B12 and C, Folate, Biotin, Manganese, and Iodine are present to support energy conversion. The same team of nutrients, together with Iron, help fight fatigue.

## Fuller for longer:

e'Pap is also high in protein and fiber – keeping your employees fuller for longer, their muscles fed (in cases of hard labour) and their guts happy.

## Brain function:

For sharp, focused minds, Pantothenic acid, Iron, Zinc, and Iodine support Mental and cognitive (brain) function.

## Extra benefit for your working men:

The Selenium added to e'Pap has been shown to possibly decrease prostate-specific antigen readings in middle-aged men. This means that it can reduce the possibility of prostate cancer in this age group.

1. Zhang, ..., Joseph, E., Hitchcock, C. & DiSilvestro, R., 2011. Selenium glycinate supplementation increases blood glutathione peroxidase activities and decreases prostate-specific antigen readings in middle-aged US men. Nutr Res., 31(2), pp. 165-168.

## Immune system:

Immune system support is ensured by Vitamins A, B6, B12, C, D and E, Folate, Iron, Zinc, Copper, and Selenium. This allows employees to function at optimal health and recover from illnesses quickly, decreasing absenteeism.

## General lifestyle:

General lifestyle diseases usually affect the cardiovascular or blood glucose systems. Thiamin, Vitamin E and Pantothenic acid lend cardiovascular support, whereas Chromium supports blood glucose levels.

## Psychological function:

Happy minds accompanied by happy bodies contribute to productive employees. Niacin, Thiamin, Vitamins B6, B12 and C, Folate and Biotin support psychological functioning.

## Investment:

An investment into nutrition for your workforce will contribute to profitability for your company, thriving employees and stable wages which ensures food security for the families of your employees. e'Pap is the easy way for your company to make this investment - affordable, safe, and easy to prepare.

